

DEAR \_\_\_\_\_, DATE: \_\_\_\_\_

BELOW YOU WILL FIND ADDITIONAL INFORMATION REGARDING YOUR SURGERY

PRE-OP APPOINTMENT (OUR OFFICE): \_\_\_\_\_

DATE/TIME OF SURGERY: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

SURGEON: \_\_\_\_\_ ASSISTANT: \_\_\_\_\_

FACILITY:

<p><b>O'CONNOR Hospital</b> 2105 Forest Ave. San Jose, CA 95128</p> <p>P: 408-947-2593 F: 408-947-3459</p>	<p><b>ADVANCED Surgery Center</b> 235 O'Connor Drive, San Jose, CA 95128</p> <p>P: 408-279-0791 F: 408-318-6525</p>	<p><b>VIP SURGICARE</b> 15047 Los Gatos Blvd Ste 150 Los Gatos, CA 95032</p> <p>P: 408-358-7001 F: 408-358-7002</p>	<p><b>FOREST Surgery Center</b> 2110 Forest Ave, 2<sup>nd</sup> Floor, San Jose CA 95128</p> <p>P: 408-297-5328 F: 408-886-9273</p>	<p><b>GOOD SAMARITAN Hospital</b> 2425 Samaritan Dr San Jose, CA 95124</p> <p>P: 408-559-2462 F: 408-559-2325</p>	<p><b>BASCOM Surgery Center</b> 3803 S. Bascom Ave. #106 Campbell, CA 95008</p> <p>P: 408-369-9535 F: 855-461-3808</p>
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**PRIOR TO SURGERY**

- **NO ANTI-INFLAMMATORY (NSAID)/BLOOD THINNER medications 2 weeks prior to surgery**  
(Examples: Aspirin, Ibuprofen, Motrin, Advil, Aleve, Naprosyn, Vitamin E, or Fish Oil supplements)
- In general, ok to use Tylenol or pain meds prescribed by your surgeon the days leading up to your surgery.
- If on Coumadin (warfarin), Plavix, etc., you will need to discuss with your prescribing physician when to stop this medication. (Typically 5 days for Coumadin and 10 for Plavix)
- Diabetics – **DO NOT** take your diabetic medications on the morning of your surgery.
- **DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY (INCLUDING WATER)**  
*May take approved meds with sip of water if approved by physician*

**DAY OF SURGERY**

- If you're having outpatient surgery, plan to have someone drive you to the surgery center/hospital and drive you home.
- Wear comfortable/loose clothing. If you're having shoulder surgery, wear a button up shirt.
- Bring your daily medications, insurance cards, and an ID.
- Leave valuables at home. Do not wear any make-up or jewelry.
- DO NOT SHAVE near surgical site as it can increase risk of infection.
- Bring an interpreter if you need some assistance.
- Surgery Centers will provide post-op instructions and issue medical equipment.

**ALL SURGERY TIMES ARE SUBJECT TO CHANGE  
CONFIRMATION CALLS WILL BE GIVEN A DAY BEFORE SURGERY**